

Sample Daily Toddler and Preschooler Schedule

Our daily schedule is adjustable to provide flexibility but structured enough to provide predictability!

6:30 a.m.-8:30 a.m. Arrival/Morning Routine

8:30 a.m.-9:00 a.m. Breakfast/Clean-Up/Bathroom

9:00 a.m-9:30 a.m. Independent Play Centers/ One on One

9:30 a.m-10:00 a.m. Circle Time

10:00 a.m-10:45 a.m. Language & Literacy

10:45 a.m.-11:00 a.m. Bathroom

11:00 a.m-11:30 a.m. Yoga/Outdoor Play

11:30 a.m.-12:15 p.m. Lunch

12:15 p.m.-2:15 p.m. Nap/Rest

2:30 p.m.-3:00 p.m. Math and Numbers

3:00 p.m.-3:30 p.m. Small Group Activities /Arts and Crafts / One on One

3:30 p.m.-3:45 p.m. Snack/Clean-Up/Bathroom

3:45 p.m.-4:15 p.m. Outdoor Play

4:15 p.m.-4:30 p.m. Transition Inside/Bathroom

4:30 p.m.-6:30 p.m. Independent Play Centers/Dismissal

Daily schedule taken into consideration for IEP or IFSP if applicable.